

**WINTER 2022**

# **FOOTBALL COMBINE**

**TRAINING PROGRAM FOR OFFENSIVE AND DEFENSIVE PLAYERS**

Available at our  
Fair Lawn location only



**REGISTER ONLINE @ [SUPERDOMESPORTS.COM](http://SUPERDOMESPORTS.COM)**

Football focused training to enhance and sharpen technique and skill sets of each player. Position specific training will focus on injury prevention, strength, movement efficiency, and power in a progressed program based on advanced athleticism capacity.

**Testing:** Vertical jump, 40 yard dash, broad jump, and T-drill.

**Performance Coaches:**

- Rich Robinson – Strength & Conditioning
- Doug Klopaz – Offensive Lineman, Penn State
- K-FITT – Running Back, Marist College

## **DETAILS**

**8 classes**

February 4, 7, 14, 16, 21, 23, 28, March 2

**Grades 4th - 8th**

4pm - 5pm

**Grades 9th - 12th**

5pm - 6pm

**Cost: \$299**



21-05 Morlot Ave  
Fair Lawn, NJ

(201) 796-8000  
[info@superdomesports.com](mailto:info@superdomesports.com)  
[www.superdomesports.com](http://www.superdomesports.com)

# WINTER 2022 FOOTBALL COMBINE

## REGISTRATION FORM

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

☐ Grades 4-8 ☐ Grades 9-12

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

☐ Grades 4-8 ☐ Grades 9-12

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

☐ Grades 4-8 ☐ Grades 9-12

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

☐ Grades 4-8 ☐ Grades 9-12

TOTAL: \_\_\_\_\_

☐ Credit Card ☐ Check ☐ Cash

☐ Mastercard ☐ Visa ☐ American Express ☐ Discover

Card Number: \_\_\_\_\_ Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

Billing Address \_\_\_\_\_ Zip \_\_\_\_\_

Cardholder Name \_\_\_\_\_ Cardholder Signature \_\_\_\_\_

Make checks payable to "Superdome Fair Lawn" and mail to:

21-05 Morlot Ave.

Fair Lawn, NJ 07410

Each player must submit a completed online waiver prior to play. Available at [superdomesports.com/waivers](http://superdomesports.com/waivers)



**Superdome Waldwick:** 134 Hopper Ave., Waldwick, NJ 07463 | Ph: (201) 444-7660  
**Superdome Fair Lawn:** 21-05 Morlot Ave., Fair Lawn, NJ 07410 | Ph: (201) 796-8000  
[info@superdomesports.com](mailto:info@superdomesports.com) | [www.superdomesports.com](http://www.superdomesports.com)