

REGISTER ONLINE @ SUPERDOMESPORTS.COM/REGISTER

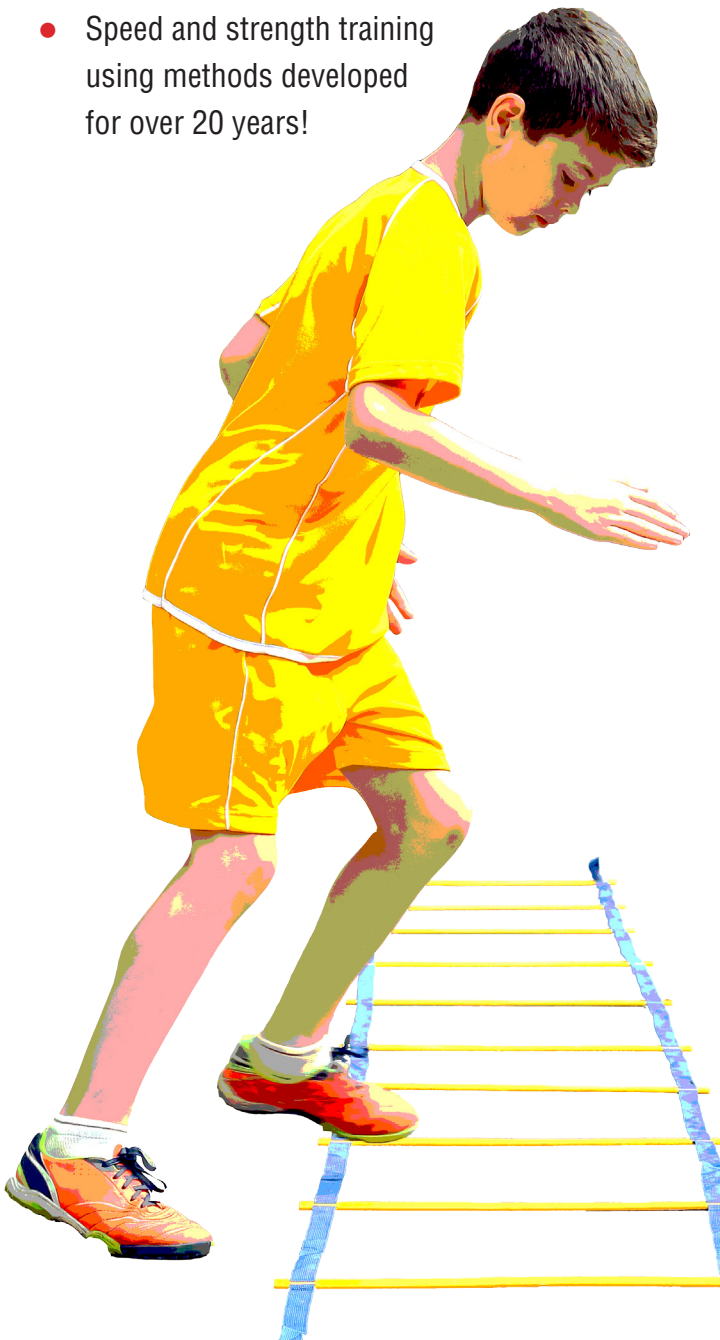
SUPERDOME SPEED SCHOOL

SPEED AND AGILITY



*Come see why the Parisi Speed School @
The Superdome must be part of your players'
off-season training!*

- Improve coordination, agility, power and speed!
- Focus on the areas that will differentiate your player from her competition!
- Speed and strength training using methods developed for over 20 years!
- Age-appropriate drills and techniques with corrections that set a foundation for the rest of their athletic lives!
- Coordination, running technique, first-step quickness, flexibility, injury prevention, weight loss and self-confidence!



DETAILS

- Grades 4 to 10th
- Winter Session I: \$259
- Mondays 5-6pm
- 8 weeks, week of January 1st to February 26th

(201) 444-7660

info@superdomesports.com
www.superdomesports.com



134 Hopper Ave., Waldwick, NJ 07463

SUPERDOME SPEED SCHOOL

SPEED AND AGILITY

REGISTRATION FORM

Session

- Fall II Session - 7 weeks - \$229
Nov 14th to week ending Dec 31st
- Winter I Session - 8 weeks - \$259
January 1st to February 26th

Days/Times

- Mondays 5-6pm
- Wednesdays 7-8pm

Name _____

School Grade _____ Birthdate _____

School _____

Parent's Name _____

Home Address _____

City _____ State _____ Zip _____

Email Address _____

Home Phone _____

Work Phone _____

Cell Phone _____

Credit Card Check Cash

Mastercard Visa American Express Discover

Card Number: _____ Expiration Date _____ Security Code _____

Billing Address _____ City _____ State _____ Zip _____

Cardholder Name _____ Cardholder Signature _____

Credit card orders may be faxed to (888) 896-8757

Make checks payable to "Superdome Sports" and mail to:
Superdome Sports
134 Hopper Ave.
Waldwick, NJ 07463

Each player must submit a completed online waiver prior to play. Available at superdomesports.com/contact/waivers-and-forms

