

REGISTER ONLINE @ [SUPERDOMESPORTS.COM/REGISTER](https://superdomesports.com/register)

SUMMER TRAINING CLINICS AT THE SUPERDOME

Build skills that bring your game to the next level, with training from pros experienced at developing players. Size limited to adhere to capacity restrictions and safety guidelines.

CLASSES

Soccer Training

Run by our Elite Training Group coaches, each experts in their profession, and leaders in their respective areas!

Tuesdays 4pm	U8 to U12
Tuesdays 5pm	U12 to U15
Thursdays 5pm	U10 to U14
Saturday 10am	U7 to U10
Saturday 11am	U11+

Lacrosse Training

Perfect for the beginning to intermediate level player! Run by experienced, high quality lacrosse coaches and instructors!

Wednesdays 4pm	U8 to U12, boys and girls
Wednesdays 5pm	U12+, boys and girls

All Sports

Campers will participate in both competitive and non-competitive sports and games, skills and drills. The Superdome will have specialists in several of the core sports like soccer, baseball, football and lacrosse, who will teach the kids skills acquisition in these specific sports while ensuring they have a fantastic time.

Thursdays 4pm	Ages 7 to 10
Saturday 10am	Ages 6 to 10

Agility - Sport Fitness, Power & Speed

Take your game to the next level! Develop the techniques that will give you the power and speed to be first to the ball! Increased power, agility and quickness will help boost player confidence and performance!

Monday 4pm	U8 to U12
Monday 5pm	U12+
Saturday 11am	U8 to U13



DETAILS

**8 week session
starting the week
of June 22**

\$299/8 weeks



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