

# “JUST 4 KEEPERS” PRESEASON AUGUST GOALIE CAMP

Experience a training camp just like a professional goalkeeper



## CAMP CURRICULUM

### Part 1- Basic Techniques and Tactics

- Dynamic Stance and Basic Handling
- Footwork
- Associated Handling Techniques
- Hand Distribution
- Basic Positioning
- Shooting Games, 3v3, goalkeeper wars
- Pre-game Warm Up

### Part 2- Advanced Techniques and Tactics

- Handling Crossed Balls
- The Breakaway Save
- Communication
- Advanced Handling

### Part 3- Training Methods and Set Pieces

- Flank Attack
- Point Blank Saves
- Covering Space Behind The Defense
- Fitness

## FREE GEAR

Includes \$85 in free goalie apparel!



Badger Tops and Shorts  
with J4K Logo



J4K Gloves  
Model J4K Xtreme Pro V Cut Ultra  
(or equal or better glove)

## DETAILS

**CAMP 1:**  
Wed August 16<sup>th</sup> and  
Thurs August 17<sup>th</sup>  
4pm to 7pm

**CAMP 2:**  
Wed August 23<sup>rd</sup> and  
Thurs August 24<sup>th</sup>  
4pm to 7pm

**COST:**  
\$295 per camp or \$550 for both camps



For more information  
(201) 444-7660  
[info@superdomesports.com](mailto:info@superdomesports.com)  
[www.superdomesports.com](http://www.superdomesports.com)

# JUST 4 KEEPERS GOALIE CAMP



## REGISTRATION FORM

**Camp 1**

Wednesday August 16<sup>th</sup> and  
Thursday August 17<sup>th</sup>

**Camp 2**

Wednesday August 23<sup>rd</sup> and  
Thursday August 24<sup>th</sup>

**Both Camps**

Player Name \_\_\_\_\_

Age \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

---

**FEE: \$295 PER CAMP OR \$550 FOR BOTH CAMPS**

---

Credit Card    Check    Cash

Mastercard    Visa    American Express    Discover

Card Number: \_\_\_\_\_ Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

Billing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cardholder Name \_\_\_\_\_ Cardholder Signature \_\_\_\_\_

Credit card orders may be faxed to (888) 896-8757

Make checks payable to "Superdome Sports" and mail to:  
Superdome Sports  
134 Hopper Ave.  
Waldwick, NJ 07463

***Goalies should come with gloves and any other goalie-specific clothing they utilize***

*Each player must submit a completed online waiver prior to play. Available at [superdomesports.com/waivers](http://superdomesports.com/waivers)*



134 Hopper Ave., Waldwick, NJ 07463 | Phone: (201) 444-7660  
Fax: (888) 896-8757 | [info@superdomesports.com](mailto:info@superdomesports.com) | [www.superdomesports.com](http://www.superdomesports.com)